MARY MARSHALL, Editor. DAILY DEPARTMENT OF THE

WASHINGTON HERALD.

all communications to the Woman's Editor of The Washington Herald. TUESDAY, MAROH M, 1915.

Polymuriel.

Here's a woman who would solve the problem of dress by the invention of "Polymuriel"-a garment which "is not to undergo changes from season to season and year to year," a garment to "honored at any occasion, forenoon, efternoon, evening, at theaters, meetings.

have been done and accomplished."

and kingdoms were ransomed? If there had never been the demand for costly Italian, Henrique in Fortuguese, Henri name in other branches of writing furs, who would have dared the rigours in French, and Henry and Harry in Many persons always think of the English of the Northwest in the early days of English of the Northwest in the early days of It is rather out of date to call a His name is really Hippotyte Adolphe our country's history. What would have king the father of his people, but Taine, but owing to some error the been the brilliant court life of an Elizabeth or a Louis XV. If there had been
no gay dressing, if the brilliant lords
and ladies had dampened their spirits
with some "Polymuriel," suitable for all

some stress of the brilliant lords
and ladies had dampened their spirits
with some "Polymuriel," suitable for all

some stress of the father held toward his
family. The first royal namesake of
good old Heimdall, who also was the
first noted man of the name among
normals lived onto this ideal of king.

The English explorer, Henry Hud-

apeal—especially at this time of year when the shops are gay with inviting than the Fowler to preserve the best when the shops are gay with inviting and full the scaled of about an unsuitable. But in the main best inting and full of beauty. In so many ways we have departed from our love of the beautiful. Our offices are usually dreadfully hare, ugly, and color-less street cars, tree boxes, curb stones, street cars, tree boxes, curb stones, street cars, tree boxes, curb stones, some few mindow are built for service on the fine handkerchief, so nay a calculation of the fine handkerchief, so nay a tree curs to the fine handkerchief, so nay a tree curs to the fine handkerchief, so nay a tree curs to the fine handkerchief, so nay a tree curs to the fine handkerchief, so nay a tree curs to the fine handkerchief, so nay a tree to force on the fine handkerchief, so nay a tree to force on the fine handkerchief, so nay a tree of the men men to find a wast in the fowler to preserve the best tree dead with the restrict in the curs of the sail then the main best in the fine handkerchief, so nath it will do service for the new neck that it out the window, are built for service only colorless and unormate. But in women's clothes we have one of the few realms in which color and fancy and youth and locality and imagination can still find expression. In their very change-fulness, their unreasonableness, their unreasonableness, their unreasonableness, their unreasonableness, their unreasonableness, their unreasonableness. focubleness they defy the spirit that would turn everything to practical ac-

No. con't let's join the ranks of the

HOROSCOPE.

"The stars incline, but to not compel." Tuesday, March 30, 1915.

Thus is rather a fortunate day. In the forenoon Neptune tules with beneffe power and in the evening the aspect of the Sun is good.

phone will be under a more fa tule today, but there is per-Strice will have trouble on the high

useline to success through dealings slette (needstuff New markets for canned goods will develop this ar. There is an especially good suren, for Southern manufacturers and

merchants Interest in poetrs and music should increase in this country as the government of the stars indicates an ex-

traordinary public awakening to in-spirational ideas This simulating tway will aid in-vestinators of psychic ahenomena, Re-markable progress will be made in the

line of scientific discovery.

Seers declare that, owing to the tast armies of released spirits, as the result of the war, the occurt and phy-sical world will be brought into closer

relation than ever before twing to the often mentioned scourge of Saturn the United States and places under themini may continue to suffer during part of April when

Violent storms are probable Portugal is still under under a reign which is exceedingly threatening I'm expected complications may bring dis-

Persons whose birthday it is have the omen of a troubled year. They should pay special attention to their

Children born on this day should be quick, clever and well poised. They are likely to be ideal employes and should succeed when working for some one else. Their magnetic center is the Sun in Aries, and their principal ruling planet in Mars. (Coppright, 1915,

WOMAN'S HERALD YOUR FIRST NAME

ITS ORIGIN AND THE FAMOUS FOLK WHO HAVE BORNE IT.

HENRY HENRIETTA

the entrance of Valhalla. A brother and sister bave made the two forms of the name famous in this country tor all time. Noted men in all walks of life who have By FRANCES MARSHALL.

The guardian to the entrance to sociables, at home, in private and in Valhalla-the Teutonic heaven-was named Helmdall. He lived at the end The woman who is dreaming of "Polyof the rainbow, the bridge over which
the falthful warriors passed to their and she has written a little bookiet that the wicked giants. He was a wontries to show you that "Polymuriel" derful man, with eyes so strong that and cat honey.

uniform of Quakeresses, if we could all stile of early Germans that the watchmear some "polymurial," suitable for all and over the entrance to their heaven should have been maned the ruler of the home; for among them love of thought, what a dull world it would be? How here would be the page of history if there had never been any taste for dress, if there had never been any Tyrders, if there had never been any taste for the home; for among them love of has honor, knowing well that the royal censor would forbid it.

There is another Heine that his admirers in Berlin dare not try to erect a statue of the home, for among them love of his honor, knowing well that the royal censor would forbid it.

There is another Heine that his admirers in Berlin dare not try to erich the note ruler.

There is another heine that his admirers in Berlin dare not try to erich the not ty to erect a statue of the home, for among them love of his ho

TODAY'S FASHION NOTE.



Henry II, first ruler of the house of Anjou, who subdued the Welsh, Scotch and Irish, and introduced judicial and fiscal reforms; Henry IV, first of the house of Lancaster, who gained the throne by deposing his cousin Richard II; and Henry VII, who established the House of Tudor on the English throne, and ended, by his victory of Bosworth Field, the disastrous Wars o the Roses. The last Henry to date among English kings was the "Jolly King Hal, the eighth of his name, whon we usually think of as a modern Blue beard, under whom English exploration was begun in the western hemisphere

and whose religious policy led to a break between the churches of Rome and of England. He is undoubtedly the world's most famous bearer of the name There has been a noted Henry-some times more than one-in almost every walk of life, and they have represented

lyric writer, is perhaps the most pic tries to show you that "Polymuriel" would solve a good share of the difficulties of woman's existence. She is carried away with enthusiasm.

"If the time and money expended for clothes through the centuries had been clothes through the centuries had been turned into other channels, what could have been done and accomplished."

The wicked grants. He was a found through the with eyes so strong that the wicked grants, with eyes so strong that the turnesque figure among the literary thermy, and perhaps he is the greatest trees and rocks, and with ears so keen that he could hear the ground of each blade of grass in the ground and of each strand of wool in the little lambs' backs. When he wasn't busy fighting with the giants, he had nothing to do but he in the sunshine and complished." have been done and accompanies.

At first sight this sentiment appeals to many of us. Yes, what a relief it would be if we could go about in the uniform of Quakeresses, if we could all signified to the powerful one, or the home it is characteristic of early Germans that the watch-opinion, and so strong is William's acknowledged that he was a Germ pinon, and so strong is William's islike for Heine that his admirers in

Heinrich in modern German, Render in Huntingdon in history, represent the Dutch, Enrique in Spanish, Enrico in Huntingdon in history, represent the Italian, Henrique in Portuguese, Henri

with some "Polymuric!" suitable for all first order man of the name among secasions and charging not from season. How dull would be art if roibbed of the possibilities of beauting of the cairwest. Think of society if all the requirements put son him by his name heart if no season. How dull would be art if roibbed of the possibilities of beauting of the possibil

daughters Henrietta. He must have re-pented this later when he and the king became such bitter fees. The daughter Charles I and Henrietta Maria Henrietta Anna, who married the brothe of Louis XIV, of France. Henriette in France, like Marguerite !

Germany, is considered the name indica-tive of modesty and virtue, because of the simple young girl of the name in Interes play. "Les Femmes Savantes." The most Shelley's first wife was named Harriet, and there was another noted English woman of the name, the author Harriet Martineau. The greatest woman the name in this country is the autho of "I'ncie Tom's Cabin," Harriet Beecher Stowe, sister of Henry Ward Beecher, This brother and sister, both pre-eminent n their own line of work, have thus mad the two forms of the name famous is this country probably for all time. (Converight, 1999, by Frances Marshall.)

Miss Marshall will be pleased to answer by mail all inquiries addressed to her concerning the origin and history of first names. In addressing Miss Marshall in care of this paper, please inclose a stamped and self- addressed envelope for

EGG-ROLLING AT WHITE HOUSE. Grounds Will Be Open to Kiddler Easter Monday.

Children of Washingt n are rejoic ing at news that the White Lot again has been thrown open to them to romp and play upon Easter Monday. The only provision made by Col. W. W. ifarts in granting the permission is that all kiddles be accompanied by

The grounds will be open from 9 a m. until 2:30 p. m. Adults unaccom-panied by children will find it as hard o enter the grounds as will the young sters who appear without elders. When the egg rolling is halted at 3:30 the Marine Band will render a concert at the north end of the ellipse.

The Zoological Park also will be turned over to juvenile Washington on that day, Dr. Baker, superintendent,

has announced. Automobiles and car riages will be excluded from the park, and the thousands of boys and girls who journey yearly to the big picnic grounds need have no fear of accidents

n the roads.
All that now is needed to set the minds of the young ones at rest about that day is co-operation by the weather

MRS. McKNIGHT AND HER \$5,000 QUADRUPLETS



Sacramento, Cal., March 29.—These quadruplets, born to Mrs. C. O. McKnight, make thirteen children in all in her family. She is a grandmother although only 37 years old. The California legislature has voted Mrs. McKnight an appropriation of \$5,000 in appreciation of her addition to the ranks of native sons and daughters. She lives in Belle Vista, near here.

HOUSE-DAILY CALENDAR MARSHALL

HOME CARE OF THE EYES.

an should know is that which has to do realizes the importance of the eyes, and everybody knows, to some extent, how of

THE BERMUDA GIRL

them more quickly than does the hot

read with a very bright light shining into the eyes. The dull light strains the eyes and the bright one injures them quite as much. The light should come from the side, over the shoulder, so that no shadow falls on the book. When you the left shoulder, as the right hand, sew-ing, would otherwise cast a shadow. Be very careful about reading lying down. It is all very well to read in bed, if you are propped up on pillows and have a properly adjusted light. One of the mos; important of first-aid-read lying down by an overhead light to-the-injured lessons which every wom-is almost sure to be injurious. (Copyright, 1915.)

> The Lace Jabot Back in Favor. The woman who likes a little touch of white at the throat will be rejoiced light on this all-important subject.

hem more quickly than does the hot lt's a Wise Woman That Can Lace Her Own Stays

from the side, over the shoulder, so that no shadow falls on the book. When you are sewing, the light should come over the left shoulder, as the right hand, sew-Advice—It's Because of Bad Corsets that Women, Not Men, Do the Fainting.

Most women don't know how to lace their stays in the right way. And it there stays in the right way. And it is because of that that a representative of the Woman's Herald ventured hold it from and took inside the top of old it firm and tuck inside the top of

"Having once more assumed the erect attitude puil the corset as low down on the body as it will comfortably settle. Now take two or three deep breaths to get above the corset as much as possible. The corset should be constructed so as to exert pressure only on the lower part of the adbonner. It should be an upward of the adbonner. It should be an upward support, not a downward pressure. Now taking care not to twist the corset gives the store of the loops at the waistline to the store of the best remedy for round shoulders, hollow chest and flat back. Custom corsets can be made to cure waist. The corset should be quite loose there are not very many above the waistline so as not to exert any pressure on the lower ribs and upper of the abdomen, as any pressure it that region tends to interfere with the freedom of respiration and also to profuce injurious compression.

"One thing that women inclined to to take care of them. But perhaps these to know that the lace jabots have resuggestions will classify and strengthen this bit of knowledge that we all have.

To herfe with lacent form a pretty feature of the spring frock and the spring frock and the spring frock and the spring suit.

a pair on the loops at the waistine to fustom corsets can be made to cure of the corset and pull up the laces to the there are not very many thin women



March 30-Mary Carpenter.

A hundred and eight years ago today Mary Carpenter, the famous phlianthropist, was born. In all the annals of English philanthopic work it would be hard to find a woman possessed of a more generous nature, combined with greater industry and more sincere plety and powers of concentration than Mary Carpenter. Her father, though a man of onsiderable attainments, possessed lit-e means, and at fifteen Mary had to go to work as a teacher, and at twenty she was away from home as a govern-ess. Two years later her mother and she opened a private school for young

About this time she became interested in philanthropic work in Bristol and with the assistance of those she interested in the work she opened a "ragged school" in a filthy lane in that city. Here she instituted a playground and indus-trial classes, and later in the same city was instrumental in opening a reforma-

tory for young criminals.

At all the philanthropic meetings or congresses which she attended she was the leading spirit, although at this time she was unwilling to speak in public. In spite of her openmindedness she was slow to countenance innovations for women and was rather out of sympathy

Through her incessant work she secured the passage of an act of Parlia-ment whereby a reformatory was opened in Bristol and the building for this work was provided by one of the "raged school," boys whom she aided many years before, who had in the meantime

1896, when she was fifty-nine, she left England for that colonial possession. In Bombay she undertook reform work in the schools and prisons with even more enthusiasm than she had carried on the work in England, and for the first time spoke in public. It was her object to "overcome the incubus of red-taptsm" in educational work in India that she spent

No More Bible.

At a recent decision of the supreme tible and the recitation of the Lord's Prayer in the public schools in Caddo schools, Louisians, was prohibited.

Keep the Children Bright and Happy

Happy youngsters must be healthy The digestive organs of children get out of order as readily as do those of their elders, and the result is equally distressing. When the bowcls are closged with an accumulation of refuse from the stomach the child naturally becomes cross and fretful from the discomfort, and is often punished for temper when modical attention is really what is needed.

The next time your child is cross and unhappy, without apparent reason, try giving it a mild laxative Dr. Caldwell's Syrup Pepsin is a mild. pleasant-tasting combination of ism-ple laxative herbs with pepsin, and is especially recommended for chil-dren because of its freedom from all opinte or narcotic drugs and its gen tle action. It is sold in drug stores be obtained by writing to Dr. Caldwell, 504 Washington St., Mon-ticello, Ills.

Connecticut

TOMORROW'S MENU.

"The good fellow washed the greens, and peeled the turnips, and broke the plates, and upset iron pots full of cold water on the fire and made himself useful in all sorts of ways -DICKENS.

> BREAKFAST. BREARY
>
> dakes Apples
>
> 'Cerrol and Crears
>
> Creamed Fusian Haddle
>
> Codine LUNCHEON OR SUPPER.

DINNER. Vegetable Soup Masthed Potators

Brown Brend Toast and Ham

bliced Oranges

Creamed Turniya Spinach Selad Baked Custard Baked Apples-Now that apples have not so much flavor as they had earlier

in the season, fill the core cavity with fried fruit—currants, dates or figs— before baking, and bake as usual. Brown Bread Toast and Ham-II fresh Boston brown bread is used, dry it in the oven before toasting and then toast it. Lay the slices on a hot plat-

er, butter them, and pour over them white sauce to which has been added chopped cold ham-about half a cup-ful to a cupful of the sauce. Spinach Salad-Mince left ver spinach very fine and mix with minced hard boiled eggs. Pack into small cups mould, chill, and then turn out on

Leaves. Serve with French

CHURCHES OBSERVE HOLY WEEK Ceremonies with Choral Program to Be Held.

Will Discuss European War.
The moral aspects of the European ar will be the subject of an address is be delivered by the Frank R. Vronce and the Beat Their B. Frank R. Vronce are of the Burtonean are will be the subject of an address is be delivered by the Frank R. Vronce are of the Beat Their B. Frank R. Vronce are of the Beat Their B. Frank R. Vronce are of the Beat Their B. Frank R. Vronce are of the Beat Their B. Frank R. Vronce are of the Subject of the Association said three-quarters yard of morie make the use of trailer are not street railer. The association said for each trailer. The association said for each trailer are run, with, or if these trailers are run, with or each trailer. The association said for each trailer. The association said Churches throughout the city have



There is a spoon for every State in the Union, with the State Crest beautifully engraved upon it. The spoons are heavily plated with pure silver running 50 pennyweight to the gross, and are fully guaranteed by the manufacturers.

Connecticut, New York and Pennsylvania Spoons ready now-New Hampshire coming. Get the complete set of your favorite States.

Clip This Coupon

This Coupon, with one other clipped from yesterday's or tomorrow's Herald, with 13 cents, is good for one Spoon (25 cents for two Spoons), when presented to the office of The Washington Herald.

Note-When ordering by mail, add 3 cents extra for